A SYSTEMATIC CARD for the METHOD of PRAYER-ADP-VV (Compiled by the Little Friars and Nuns of Jesus and Mary)



"The Wedding of Cana"...

FROM THE GOSPEL ACCORDING TO - JOHN -:

"And when the headwaiter tasted the water that had become wine, without knowing where it came from (although the servers who had drawn the water knew), the headwaiter called the bridegroom and said to him, 'Everyone serves good wine first, and then when people have drunk freely, an inferior one; but you have kept the good wine until now." (John 2:9-10)¹

MEDITATION ON THE MYSTERY:

At Mary's request, Jesus changed the 6 jars of water into the 6 jars of wine, a figure of the Divine Spirit: so that we may espouse (well and with joy) the right ideal of life – some, partially, and others, totally – in order to reach holiness, which is God's will for us (cf. *1Thess* 4:3), each according to his or her state in life (*LG*, nn. 39-42). (cf. *SLC*, p. 206G; F-*pfsgm*, *Catechesi*, Le Nozze di Cana, 6 giugno 2015)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to being called to holiness in every state of life, the Second Vatican Council says: "*The Lord Jesus, the divine Teacher and Model of all perfection, preached holiness of life to each and every one of His disciples of every condition. He Himself stands as the author and consummator of this holiness of life: 'Be you therefore perfect, even as your heavenly Father is perfect' (Matt 5:48).*"

(VATICAN COUNCIL II, Dogm. Const. Lumen Gentium, 21 November 1964, n. 40)

¹NABRE (USCCB)

FREE MEDITATION

(for a personal contribution to give to those who listen):

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,

- O my Jesus, forgive us... - Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : "Aveeeee, Aveeeee, Ave Maria"

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...